

February 2023 – January 2024

Prayer Diary



Thank you for supporting CrossReach by praying for us.

This edition of the Prayer Diary contains prayers for the whole year from our services across Scotland.



Access prayers on the go with our Prayer Diary App.

The Prayer Diary app can be downloaded at: www.crossreach.org.uk/pd

Does your church have a website?

The CrossReach Prayer Widget can be installed on any website. For easy to follow instructions on how to install, visit: www.crossreach.org.uk/pdw

Once installed, the widget automatically updates the prayers itself — it's entirely self-running.

Cover image details



This edition's cover artwork is an original piece from Elsa (pictured) created during a Heart for Art session at Adams House.

Eskmills, Edinburgh

Supported accommodation for adults with learning disabilities in Edinburgh and Fast Lothian.

- May the Lord Jesus give everyone at Eskmills the grace to hear His voice and the strength to continue working for His kingdom.
- May God be with all who live at Eskmills; may they enjoy all the wonderful activities and have a great quality of life.
- Thanks for the technology that has meant continuing fellowship for staff; may the laughter, happiness and joy continue throughout the changing seasons.
- Thanks for the support and donations received which enhance the lives of the people who use the service.
- Thanks for the hard-working team at Eskmills; may they have continued health and wellbeing as they support the people who use the service.

Week 1 Prayer Diary

The Mallard and GO2, Glasgow

Providing short breaks and community based day support to children and young people with additional support needs.

- For each child and young person; may they know that they are loved, respected and valued as individuals.
- For those who work in the services or use the services, who have personal struggles; may God give them strength and empower them to break through doubt, fear and anxiety.
- Thanks that the services continue to provide high quality care and support to children and young people; nurturing their development and providing a safe place for them to grow.
- For God's blessing over new staff joining the organisation; may they feel called to love and support in Jesus' name.
- Thanks for the facilities in The Mallard and GO2 and how these are used for the benefit our children and young people.
- Thanks for the dedication of the whole staff team who are a source of consistency, love and support to the young people who use the services. May they be refreshed, renewed and inspired in their work.

The Oasis Garelochhead, Argyll & Bute

A Day Care Service providing care in the community.

- Remembering those living with dementia; may they be blessed with supportive, loving families and moments of hope.
- For the friends and relatives of the service users; may they be blessed as they look after their loved ones.
- May the Lord continue to use the staff, to show Christ-like love and godly hospitality; may they help everyone they meet feel the warm welcome of Jesus' love.
- Thanks for all CrossReach colleagues who continue to give support to everyone who use the services.
- Thanks that though we don't always know what the next second will bring, God is graciously able to use any situation for good.
- That each person who uses the service will continue to know they are valued.

Week 3 Prayer Diary

The Garratt, Glasgow

The Garratt is a specialist residential service supporting young people with additional support needs.

- Thanks for The Promise, a national commitment to improving the experience of residential care for children and young people.
- For the children and young people who the service has not yet met but who will become part of The Garratt family over the coming year.
- For opportunities to nurture relationships with the young people, their families and their wider support teams; that they may receive the highest quality care.
- Thanks for the staff team who are a source of consistency, love and support for the young people.
- For the colleagues of The Garratt in Social Work as they work to keep children and families safe and well.
- For each young person who attends the service; may they feel loved, respected and valued as individuals.

South Beach House, Ardrossan

A residential care home situated on the Ardrossan shore front.

- Thanks for staff who worked hard to provide care and support to residents, their loved ones, and each other during difficult times over the past couple of years.
- For the residents and all that they bring to South Beach House through their wisdom, life stories, sense of humour, individuality and friendship.
- For those who have lost loved ones, may they find comfort. Thanks for the precious gift of time that we are able to share with those we care for
- Thanks for the help and support received from the community; with gardening, entertainment and fundraising, all of which enriches the lives of residents.
- For support and comfort for residents and their loved ones as they progress through their dementia journey or cope with ill health; may staff be strengthened to support them.

Week 5 Prayer Diary 7

Threshold Edinburgh

Housing support and day care services to adults with learning disabilities.

- Thanks for the senior team who carry daily responsibility for the service; may new people be drawn to working in the service.
- Thanks for those who use the service; may staff support them to reach their potential and lead full and happy lives.
- For the families of the Transition service clients; may support and respite be available and may those moving on to independent living find suitable accommodation close to home.
- Thanks for the hard work, expertise and dedication of staff who work in Health and Social Care, that they can be valued and paid fairly and generously.
- Remembering elderly clients who face health challenges as they enter their senior years; may their needs be appropriately identified and responded to.

Whiteinch Move On Service, Glasgow

Supporting adults to maintain recovery, develop life skills and access their own homes. Housing support and walking alongside people in recovery from substance use.

- For those who use the service; may they feel safe as they continue on their chosen recovery path and may staff make a positive difference to their lives.
- For the staff team at our MoveOn service.
 That they continue to work well as a team and cope with the mental and physical strain of the work they do serving others.
- For those who use the service; may they feel safe as they continue on their chosen recovery path and may staff make a positive difference to their lives.
- For those who have recently moved to their own homes; may they be able to manage and be happy in their new lives. For continuing positive relationships with key workers; may those new to being in their own tenancy not fear reaching out for help.
- For the leadership team; may they be equipped with integrity, love and grace as they lead the team and model the service ethos.

Week 7 Prayer Diary

Children and Young People's Residential Houses

Providing young people with a sense of safety, belonging and comfort, and a home that is the foundation for relationships that are life long and meaningful, where children feel loved, cared for, valued and connected with the people that have the great privilege of looking after them.

- Pray for all the children in our care that they will feel safe, loved and given hope for their future.
- Pray for all the adults that they stay strong in mind, heart and soul in providing care, support and love to the children in their care.
- Give strength and hope to everyone, that we have the faith and courage to forgive and accept forgiveness.
- Pray that we are given the wisdom, compassion and knowledge to hold the hands of those that hold the hands of the children and young people we look after.
- Pray that families are supported, nurtured and understood giving them space to reflect on their past and hope for the future.
- Pray that our relationship and commitment with our partners grows stronger in meeting the needs of children, young people and their families.
- Pray for decision makers that they have the space, vision, wisdom and courage to hold children young people in mind and at the heart of all decisions that impact on them.

Adams House, Johnstone

A specialist residential care home for 30 older people with a diagnosis of dementia.

- May everyone in Adams House, staff and residents, all feel God's comforting presence walking beside them in love and peace.
- Comfort and hope for the residents of the service; may they feel the presence of God's love surrounding them in this place they call home.
- May God's presence be in Adams House through the support and empathy given to the residents. May staff continue to make a difference to those they care for through understanding and love.
- For the residents of Adams House, as some days can be more difficult than others; may God show His mercy towards them and give them peace.
- For blessing over Adams House; may everyone be uplifted by the signs of new life evident at this time of year.

Week 9 Prayer Diary 11

Morlich House, Edinburgh

A care home for older ladies in the Morningside area of Edinburgh.

- Thanks for Springtime when the ladies can enjoy the garden in bloom. Thanks for being able to sit in peace, surrounded by the calmness of nature.
- For comfort for the ladies, especially during illness and pain; may God be a pillar of strength to the families and friends during these difficult times.
- Thanks for the everyday gifts that lift the spirit; the warm sun, a blooming flower, blue skies and moments of shared laughter within Morlich House.
- Remembering the hard working staff team; may their time off be peaceful and restful and may they be refreshed and restored as they return to care for the ladies.
- Thanks for God's continual presence; a rock to lean on, a comfort in times of need and a source of strength to face each new day, working to serve the ladies in God's name.

Cameron House, Inverness

Home to 30 people who are at various stages in their journey with dementia.

- For those who experience despair in the midst of dementia; may the Lord help the staff to be able to reach out with grace and compassion so that all may know His love and solace.
- Remembering the staff who give tirelessly of their time, energy and enthusiasm to support the residents whilst also facing personal challenges.
- Thanks for the ministers who support
 Cameron House. Keep them serving faithfully
 and furnish them with periods of rest and
 recovery.
- For our residents; may staff meet their needs respectfully and acknowledge all they achieved in their earlier lives.
- May God's protection be over Cameron House.
- For the victory we experience in Christ and His finished work; may it sustain us and bring us great joy each day.

Week 11 Prayer Diary 13

Balmedie House, Aberdeen

Residential accommodation and day care set in 26 acres of woodland and gardens.

- "Thanks for the beauty of Balmedie; for the comfort and warmth within the home and for the wildlife that visits its gardens."
- In times of stress, hardship and pain may those who offer comfort be blessed with the Lord's guidance, taking strength from knowing that they do His work; bringing hope, charity and love to all they meet.
- Remember new residents; as they settle into their new home, and for the residents who have lived at Balmedie House for a while; as they adjust to changes around them.
- Thanks to God for the commitment of staff across the service, who work to provide a high standard of care and support. Bless them and the work they do, supporting them in the challenges they can face daily.
- For the safety of staff and residents and for all their families, and the friends who visit them
- Balmedie House are thankful for all those who support them in fellowship; bringing staff, residents and the community together.

CrossReach Counselling Services North & West

Offering one-to-one counselling – for adults, children and young people – in a safe and supportive environment in Glasgow, Inverness and Moray.

- For those experiencing mental health challenges following the recent pandemic; may those in power and influence work to provide services accessible to all.
- For children, young people, parents and carers who are struggling or distressed. May they receive the therapeutic support and love that they need.
- For the counsellors who continue to offer safe and effective counselling support to clients face to face, online and over the phone. Thanks for their commitment, capability and compassion.
- For the Counselling Support Team who ensure the delivery of a professional counselling service. May they know fulfilment in their work and may they know they are appreciated.
- For the North and West Clinical Staff Team; may God continue to give them the patience, skill and wisdom to face the complex clinical challenges they encounter.
- Thanks for the individuals, churches and groups who support the counselling services through prayer and financial support. May God continue to bless them.
- For God's blessing on all funding applications; may the teams involved be filled with courage, wisdom and resilience.

Week 13 Prayer Diary 15

Lewis Street Project and Dochas, Stornoway

Offers accommodation and support for mental wellbeing for five adults. Dochas provides support at home for individuals recovering from drug and/or alcohol use.

- For service users maintaining their recovery from alcohol and substance use whilst living in the community; may they receive God's peace and strength.
- Remembering service users who have moved into mainstream tenancies and are continuing their recovery journey; may they meet new challenges with the same resilience experienced whilst in the service.
- For service users struggling with addictions; may they receive God's strength to break free from harmful thought patterns and behaviours.
- Thanks for God's blessing on funding applications that have allowed the service to continue to reach those most in need within the community.

 Thanks for staff and the level of commitment and compassion they show. May they receive peace and wisdom to continue providing

effective support for those who use the service.



Clashfarquhar House, Stonehaven

A care home for older people also providing Day Care and Respite Care in Stonehaven, overlooking the bay.

- May God hear the prayers of the service and know of their love and worship to Him as He guides them, giving strength in times of need.
- May God watch over everyone at Clashfarquhar and keep their loved ones safe from harm.
- May God watch over the residents, families and staff; may doctors and nurses help to maintain good health in everyone.
- For the Lord's guidance for staff; helping them in their decision making, in their work and at home
- That God will be with those in the Day Care service and those enjoying respite care; may He guide the staff to assist them to attain the best quality of life whilst at Clashfarquhar.
- Clashfarquhar are thankful for the support of the Friends Group and volunteers; may they be enriched by God's love. May the Lord help draw more volunteers to the service.
- Thanks for the laughter enjoyed in the home on a daily basis; may everyone continue to feel blessed as they work in Christ's name.

Week 15 Prayer Diary 17

The Bungalow, Stonehaven

A specialist residential care home for adults with profound and multiple learning disabilities.

- May the Lord meet the cares and needs of the service users and their families in His gracious heart and cover them with His almighty hand of protection.
- Pray for all who enter the home to know the Lord's strong and gentle presence and witness His love in the care delivered.
- Remembering the management team; may God continue to guide and bless them in their positions.
- Thanks for all the carers in the broader community and for the teams across CrossReach; may each receive strength and grace as they go about their work.
- For all those who suffer with personal struggles; may God give them strength and empower them to break through doubt, fear and anxiety.
- May staff continue to convey God's peace in all they say and do.

General Assembly Week

During the General Assembly in May 1869, the Church of Scotland appointed The Committee on Life and Work and its Convener, Rev Prof Archibald Charteris. This became the Church's Social Care Council, which operates as CrossReach.

- For over 150 years of social care support delivered by the Church of Scotland.
- For the people that support the work of CrossReach today by giving of their time in prayer, through engaging with our social media, by participating in our events and by making donations to our campaigns and work.
- in times of stress, hardship and pain may those who offer comfort be blessed with the Lord's guidance, taking strength from knowing that they do His work; bringing hope, charity and love to all they meet.
- CrossReach is thankful for all our staff members who, despite the challenges facing social care providers in 2023, are committed to ensuring the work continues.
- Thanks for the people who felt called to leave legacies to maintain and expand the social care support provided.
- Thanks for the generosity of the individuals who made property donations which helped establish the work.
- For the many volunteers who make this work possible.

Week 17 Prayer Diary 19

Allarton, Glasgow

A residential service providing support to 14 adults experiencing mental health issues.

- For those struggling with the rising cost of living; may those in Government recognise their needs as they lead the country though challenging times.
- For those who are affected by conflict; may they know peace from strife.
- For the children of the world; that they may know peace and protection.
- For those living with mental illness; may they receive support and know where to turn when they are at a loss.
- For those in Government; may they make choices that show respect for the planet so that future generations may be able to enjoy their world.



The Elms, Edinburgh

Residential care for older people with dementia in a safe and homely environment.

- Thanks that The Elms was established in and for God's glory. May the Lord's peace continue to be present in the building in a tangible way.
- For God's blessings on the staff in their work.
 May they know His peace and comfort
- Comfort for the residents receiving end of life care and also for their families and friends.
- For the recruitment of staff with a heart for care.
- For the agency staff who work at the service and who have become extended and valued members of the team. May they continue to see the love of God reflected in the work done.



Week 19 Prayer Diary 21

Daisy Chain Early Years Project, Glasgow

Play based groups and family support to help families thrive together.

- For the staff team; may they stay attuned to the needs of families, allowing them the opportunity to enjoy parenthood and to thrive within their communities.
- For the school nurture sessions; may the children feel loved and supported. May staff be filled with wisdom and understanding as they work in the schools.
- Thanks for the summer and for families spending quality time together outdoors.
- Thanks for the Little Marvels sessions that continue to thrive; may families who need support for early years children with additional support needs hear of the service and may any barriers to attendance be broken down.
- For the staff team; may they support each other with the same care and love God shows each day and may they be built up in God's likeness, filled with His light.

CrossReach Board and Secretary to the Social Care Council

The CrossReach Board work closely with the Chief Executive and Assembly Trustees to ensure that there is good governance over CrossReach so that the services can continue to provide their vital care and support.

- Thanks for the Board Members who fulfil their vocations to serve The Church in supporting CrossReach in its care of many deserving people.
- Thanks for the 'Family of CrossReach Workers' who share the best of care to people across the country.
- For the Team based at Charis House and their unstinting efforts to give financial and corporate security to the organisation so that it can provide the very best standard of care at a time of challenge across the whole sector.
- Thanks for the opportunity for holidays across the summer months. May this time of God's giving, be used that workers can recharge the physical body as well as the spiritual soul.
- For those projects that are under pressure in these difficult times that they might be guided towards changes that bring new stability and potential for growth.
- For those responsible for care provision across Scotland. May the needs of all be met with dignity and a standard of care that we can be proud of.
- For Christ's love to be known by all. Not merely as a concept, or teaching of History, but as a living breathing energy that touches the soul.

Week 21 Prayer Diary 23

Heart for Art

Uses creativity to support and encourage people with a diagnosis of dementia and their families. The groups connect people in communities and provide therapeutic art sessions.

- Thanks for community activities and resources; may those who have lost confidence in going out and socialising find their joy in life restored.
- For volunteers who bring their time and gifts to the service and for the joy and new friendships they bring. May there be more volunteers come forward to share in these opportunities.
- For those living with dementia who are being referred to the Heart for Art service; may they experience patience and courage as they wait to join their new community and receive a warm welcome when they arrive.
- For strength for staff to be able to meet every challenge they face and also for joy; may the passion for their work become infectious, spreading joy to others.
- For the success of the new groups; that these may bring new support and friendships to those living with dementia. May new creative passions be discovered.

Threshold Support Services, Hamilton

Provides support to people who have learning disabilities and who are on the autistic spectrum in Lanarkshire.

- For clients to know their value as individuals and within their community, and to have a sense of belonging and inclusion.
- For all the staff who continue to show service users and their families committed and dedicated support during difficult and challenging times.
- For safety, relaxation and happy times during the summer holidays for both clients and staff.
- Thanks to God for His constant strength, love and blessing in the delivery of the service.
- For guidance as groups are developed and tailored to the needs and preferences of the clients.
- May the staff know and feel appreciated by both colleagues and clients.

Week 23 Prayer Diary 25

Oasis Bankfoot & Tryst Pitlochry Day Care Services

Day care services providing social care, social stimulation and activities for adults over 65 years old.

- Remembering service users who are no longer with us; may their families be blessed with strength and comfort.
- Thanks for staff who work tirelessly to ensure those who use the service are well cared for and that past hobbies and interests are enjoyed.
- Thanks to God for His continual guidance; may we remember those less fortunate than ourselves.
- Remembering friends and family; may they experience good health and happiness.
- Thank you for the food we eat, thank you for the world so sweet, thank you for the birds that sing, thank you lord for everything.
- Thanks for the companionship and shared laughter enjoyed in the service.

Rankeiloor Initiative, Edinburgh

Edinburgh based temporary supported accommodation flats for people experiencing homelessness.

- Thanks to God for the work of Rankeillor, for the personal growth and achievements of clients. May this work continue into the future.
- Thanks for an established staff team. May the service continue to build a supportive and encouraging team that seeks to develop and improve the service to best support those they work with during what are challenging times.
- For the physical and emotional health of staff working with clients with complex needs; that staff will let God be their strength, wisdom and motivation. May staff honour Him and may clients see Jesus in their actions and words, as staff bear witness to a hope that transcends all circumstances.
- For the continuation of good relationships and communication with partner organisations such as the City of Edinburgh Council, local homelessness services and community organisations.
- That clients feel safe and at peace in their accommodation and for the ongoing safety and wellbeing of people who have used the service in the past and have since moved on.
- That residents will find fresh opportunities to build resilience in their lives: social, economic, emotional and spiritual.

Week 25 Prayer Diary 27

Williamwood House, Glasgow

A care home for older people living with dementia in Glasgow.

- For all new residents who have come to live at Williamwood House; may they settle in, enjoy life and make new friends.
- For the family and friends of the residents; may they know times of blessing when they visit their loved ones.
- Thanks for the staff; may God grant them the strength of character to remain committed and focused to the care of the residents.
- For good weather this summer which will allow residents and staff to be active outdoors and bask in its warmth.
- That all the residents would experience good health and happiness as they stay at Williamwood House.

Oversteps, Dornoch

A comfortable and happy home providing residential care to 24 older people in Dornoch.

- That the Lord would make the home a place of happiness to all who live, work and visit there.
- Remembering those living with dementia;
 may the Lord continue to guide staff and bless all those who enter the service.
- That any worries and anxieties experienced by residents and staff would be lightened.
- May the Lord bless all the committed staff at Oversteps care home for their continued devotion, compassion and support for each other, the residents and for the home.
- For those who are grieving at this time, may the Lord comfort them with His love in their time of need.

Week 27 Prayer Diary 29

Morven Day Services, Kilmarnock

A day service for adults offering mental health support in East Ayrshire.

- Remembering those who experience challenges with everyday life, may they find support and comfort through relationships and appreciation of life's daily triumphs.
- For our staff; may the Lord be their wisdom and strength as they support those who use the service.
- For opportunities, resources, and new and renewed relationships which help people handle mental health challenges in healthier ways.
- May those using the services find hope in all they do and help in building bridges over gaps that may seem unreachable and impossible.
- Give thanks for places like Morven Day Services which allows people the time and space to re-evaluate and find the person they once were, or to become the person they would like to be.

Perth Visitor Support and Advice Centre

Support, advice and trauma informed practice service for families visiting Perth Prison.

- Remembering the families who use the Centre and those who are still to access it; may they be drawn to the service as a place that offers hope and encouragement.
- For those who support the Centre in vital ways with their time and talents, whether financially or emotionally, and for our skilled and caring volunteers.
- For those affected by the trauma of an imprisoned family member and the detrimental effect it can have on health and well-being; may they stay strong.
- For those in prison; may they feel a sense of peace and renewed purpose as they serve their sentence.
- For those awaiting sentencing; may they and their families find strength and peace for the days ahead, especially the children.
- For the positive partnerships with the Scottish Prison Service, Visits Manager, Family Contact Officers and vestibule staff.
- For each child who accesses the Centre; may they feel welcome, understood and accepted. May they keep positive memories of their visits

Week 29 Prayer Diary 31

Employee Representative Group

An elected group of staff representatives who provide support to the workforce through effective employee voice, representation and negotiate salary and terms and conditions changes for staff.

- Thanks for each member of staff working within Older Peoples Services, Children and Families Services and Adult Care Services who represent and support staff.
- For God's daily blessing on CrossReach colleagues who work tirelessly to care for those who use the services.
- For God's guidance as the Employee
 Representation Group work alongside
 Management colleagues to find the solutions
 to the challenges that lie ahead.
- For staff who are struggling with personal issues or unable to work because of illness; may they be given strength.
- For guidance as the Employee Representative Group embeds its new structure and name in the organisation, helping to engage with staff and promote the voice of the workforce.
- For support and guidance; may God grant the members of the Employee Representative Group and Lead Representative wisdom as they work together to achieve the best outcomes for all staff.

Threshold Glasgow

Support at home and day opportunities for adults with learning disabilities. The service aims to empower and include all who are part of their great team: customers, staff and families.

- For all in the service, may they have the strength to offer compassion, care and love to others.
- Remembering families within the service, especially those experiencing a bereavement or loss; may they find peace.
- For God's guiding hand on Threshold Glasgow as it continues to develop. For wisdom and an open mind as new and established staff work together.
- For patience, wisdom and strength through times of uncertainty; may Your footsteps be seen in the sand when we look back over these times.
- As the wider organisation of CrossReach supports the ongoing development and sustainability of the service; may the decisions of those in leadership be made with wisdom and in accordance to Your will.
- For the service co-ordinators; may they be a source of support to the service leader.

Week 31 Prayer Diary 33

CrossReach Central Services

Including Finance, Human Resources, Organisational Development, Business Development and Senior Management staff.

- For all the CrossReach staff and the dedication they display in their roles and for new staff, as they commence their employment journey with CrossReach. May they feel supported and valued.
- Thanks for the volunteers across the organisation; may they be blessed for the work done in Your name.
- That those who feel called to work within social care will apply to join the CrossReach family.
- May the Corporate Management Team (CMT)
 have the strength and guidance they need as
 they consider all aspects of the ongoing work
 of CrossReach.
- May God be with everyone undertaking learning in their roles and give wisdom to those designing future training opportunities.
- Remembering CrossReach colleagues who are ill or in pain and those supporting loved ones who are hurting; may they be surrounded by God's peace and comfort.

Cumnor Hall, Ayr

A specialist care home supporting up to 31 people living with dementia.

- Thanks for God's unconditional love and the joy that this brings to all in Cumnor Hall.
- For the residents of Cumnor Hall; may they find strength and draw comfort from the care and support they receive.
- Thanks for the continued enthusiasm, commitment, skills and compassion of all the staff in Cumnor Hall.
- For the families and loved ones of residents; may they draw comfort from the devotion and sense of duty staff hold to give their loved ones the highest quality of life at Cumnor Hall.
- Thanks for the laughter and joy between staff and residents within Cumnor Hall and the sunshine this brings every day.

Week 33 Prayer Diary 35

The Walter & Joan Gray, Scalloway

A care home providing residential and respite and day care to people in our community.

- Thanks for the connections to the local and wider community that residents and staff enjoy.
- Thanks for being kept safe through COVID-19 and for the many different experiences and activities enjoyed through difficult days.
- For staff; may they continue to enrich the lives of residents with their care, compassion and energy.
- For those who visit the home; may it be a place of welcome and love.
- For those who enter the home; may they sense God's peace and care.

Queens Bay Lodge, Edinburgh

A happy and relaxing home providing residential care to older people in Edinburgh.

- Thanks for the work of Queen's Bay Lodge and for the wellbeing of all who stay, work and visit. May they see God's work and feel His presence in the home.
- Thanks for the gift of each new day and for the provisions of compassion and learning to meet its challenges and rewards.
- For the families of our residents; may they be able to rest knowing their loved ones are in good hands as we support them together.
- "Thanks for God's love, which never gives up on loving us exactly how we are."
- "For the volunteers who generously give their time to support the home with activities, outings and fundraising events. The service gives their grateful thanks."
- Thanks for Christ's love and how it is manifested through our staff in their work with residents.

Week 35 Prayer Diary 37

Fundraising and Engagement

The team that raises funds and co-ordinates events to support the work of CrossReach.

- May God bless all those who have supported and those who continue to support the life saving and life changing work of CrossReach.
- Thanks for all the Charitable Trusts and Foundations who have supported the work of CrossReach in the past year; may their generosity yield wonderful stories of change in the lives of many people.
- For all the events taking place in aid of CrossReach and thanks for all the wonderful supporters who attend and participate. May they feel a real sense of belonging as they join with us.
- Thanks for the churches and congregations who support CrossReach through prayer, fundraising and volunteering. Thanks that they choose to put their faith into action in this way.
- Thanks to God for all the wonderful people who choose to join the CrossReach membership scheme. May they feel a real sense of belonging to CrossReach.
- Thanks for all the companies, groups and organisations who provide invaluable financial support to CrossReach. May this selfless giving bring change and transformation to the people we serve.

The Kirkhaven Project

Providing move-on accommodation for homeless men and women aged 18-65 who have experienced mental health issues, substance dependency or challenging behaviours.

- Remembering staff who have been hit by sudden illness, may they experience God's comfort
- Remembering that in uncertain times, help comes from the Lord, creator of heaven and earth.
- Thanks for our saviour who remains sure and steadfast, and who intercedes for us when downcast and troubled.
- Thanks for the blessing that enables us to come into the presence of God, for whom no matter is too small.
- Gratitude to our loving God whose desire is to hear His children's prayers despite their weaknesses. May God's beauty be revealed more each day.

Week 37 Prayer Diary 39

Bellfield, Banchory

A residential home for 34 older people, set in the picturesque town of Banchory in Royal Deeside.

- Resident prayer: I am happy, and my family are happy that I am here. I hope the weather is still nice in the autumn so that we can keep going out for our daily walks.
- Resident prayer: I am thankful for health, family, and friendship.
- Resident prayer: I am thankful for my health, being mobile, and being well looked after in Bellfield.
- Resident prayer: I love the lovely quiet location, friendly staff, good meals, and the back garden that I like to walk in. We pray for a mild autumn and winter, so that we can continue to use the garden.
- Resident prayer: I am thankful that my wonderful family are made to feel so welcome at Bellfield. I enjoy the weekly church service and also visiting the local church each month. I am looking forward to the harvest service in October.
- Thanks to God for the dedication of Bellfield staff and the joy and comfort they bring to residents.

CrossReach Perinatal Services

Perinatal counselling and therapy to families expecting a baby or with an infant up to two years old in Edinburgh, Glasgow and Moray and the surrounding areas. Counselling can be offered face-to-face, over the phone and online.

- Thanks for the counselling volunteers and their ongoing commitment and dedication to the service; may they enjoy their work and be empowered by the healing it brings.
- For the ongoing wisdom of staff; may they meet the emotional and mental health needs of clients.
- Remembering the creche team as they nurture the babies of parents suffering from anxiety and depression. For their ongoing kindness, care and attention for the service's tiniest clients.
- For anxious parents and babies; may they be reassured, soothed, comforted and cared for at the service. May they heal, recover and thrive with staff support.
- For strength and resilience for the staff team as they grow the parent and infant support service; may the creche continue to grow and develop.
- For help to re-open Palmerston Place,
 Edinburgh so more families and infants can be supported and experience improved mental health and wellbeing.
- For financial security during difficult times; may the service be protected and and experience abundance.

Week 39 Prayer Diary 41

Glasgow Day Opportunities

Offering support, friendship and outings for older people living at home in Glasgow.

- Thanks for the opportunity to work in God's name and provide a service to older adults in Glasgow, living in the comfort of their own homes.
- For the staff team who work out in the community; may they be kept safe as they travel to and from their places of work.
- For CrossReach staff and the wider community of care providers who work tirelessly to ensure that each supported person receives individualised care.
- Thanks for the partnerships with other organisations who provide care and support to those who use the service.
- For the people who use the service; for their comfort, good health and safety.

CrossReach Residential Recovery Service

Formerly Rainbow House, supports people who are committed to living drug and alcohol free.

- For skilled recovery workers who support people to understand their addiction through group work, one to one sessions and individual learning. May they feel supported and capable in their roles.
- For every person who enters the service, whether they complete the programme or leave early; may they feel heard and safe and may staff make a positive difference to their lives.
- For the leadership team and the senior recovery workers who are passionate about recovery. For the managing co-ordinator who works with the team to maintain high standards of care.
- Remembering the peer volunteers who are also in recovery; thanks for the time given to support others with shared experience. May they continue to learn and develop as they volunteer with CrossReach.
- Thanks for the service administrator, cook and housekeeper who are an important part of the team that keep the service running. Thanks also for the relief staff who cover shifts when needed; may they continue to feel part of the team.

Week 41 Prayer Diary 43

CrossReach Tayside Support Services, Dundee

A non judgemental community service, supporting people in recovery from addiction, to move forward and achieve goals. Learning tools to help them in the day to day life, building confidence and self worth to maintain a balanced life. Recovery cafes help engage the wider community and reduce stigma.

- Thanks for God's blessings in challenging times. For those with personal struggles, may they find comfort in God's everlasting care.
- Remembering the service users fighting stigma, may they continue to feel safe and supported as they gain strength on their recovery journey from staff and each other.
- For the families of service users; may they feel supported by staff whilst navigating uncharted territory.
- Thanks for discussions with new agencies committed to the common goal of ensuring the health and well being of service users.

Thanks for the staff who continue to give

their best as the services changes and adapts.
May they feel confident moving forward with the R&R Cafe.



Cunningham House, Edinburgh

Supported hostel accommodation for men and women experiencing homelessness in Edinburgh.

- Remembering those without a safe space to call home and the journey they undertake to succeed in their new tenancies.
- Thanks for the strength, compassion and creativity of staff as they come alongside residents to ensure they feel supported on their journey.
- Thanks for the courage of residents who ask for help despite historically experiencing discouraging responses from others.
- For those with lived experience as they they support others and help shape the service and for the warm and welcoming space the service provides.
- For stability of the unit as it goes through staff changes; may God's hand remain the root of all good work carried out within it.

Week 43 Prayer Diary 45

Whinnieknowe Care Home, Nairn

A care home for 24 older people overlooking the Nairn River and Cawdor Hills.

- For strength for staff during challenging times.
- For the residents of Whinnieknowe; may their time in the home be happy and fulfilling.
- Thanks for the volunteers who selflessly help whenever they can.
- For all the families with loved ones at Whinnieknowe.
- For strength and guidance to continue to do work in God's name; may we remember You are always with us.

Beechwood House, Inverness

Offers residential rehabilitation, community outreach and social care to people affected by substance use.

- Thanks for all the staff at Beechwood House; for their hard work, commitment and endless enthusiasm in supporting service users and each other
- For God's blessing on all service users past, present and future. May there always be care and support available for all.
- For those who suffer silently the bondage of addiction; may they find the strength and courage to overcome daily challenges.
- May God continue to bless all the CrossReach services every day.
- Thanks for all the volunteers who faithfully give their time to support others.

Week 45 Prayer Diary 47

Polmont Prison Visitors Centre

Polmont is Scotland's Young Offenders prison for men (16-21) and some women. The Visitor Centre offers a warm welcome, refreshments, support and advice. The Visitors Centre also supports children visiting their parents in custody, with activities and opportunities for positive, interactive play.

- For emotional strength for families as they endure the stigma associated with having a loved one in prison and the absence of that person in their daily lives and during life events.
- For physical provision for families who face increased costs through travelling to prison visits, supporting someone in custody financially and the loss of family income.
- Remembering the children who visit the prison; may the visits be a time of fun and relaxation and provide positive connections for children separated from parents.
- For Storybook Families, a project that allows family members to record themselves reading a book to their children. May this continue to be a great opportunity to create connections and sustain relationships.
- For those in custody at HMPYOI Polmont, for their health, wellbeing and positive futures after their release.
- Remembering the Scottish Prison Service management who have to make difficult decisions daily about those in their care.

Cale House, Inverness

Homeless accommodation, for up to two years, for adults preparing for their own tenancies.

- May we see God in every individual that comes into the service, serving them as we serve You.
- For help and strength to reflect the character of Christ when serving others in the work we do.
- For wisdom in how to serve God; to give and not count the cost, to labour and not seek reward, to fight and not heed the wounds.
- For God's presence, love and strength. May there continue to be a sense of God's power and purpose and may all draw near to you.
- For good witness through everyday service; may our conduct fulfil God's masterpiece.

Week 47 Prayer Diary 49

CrossReach Counselling East

Providing a wide range of therapeutic support and counselling for individuals or couples, children and young people and those affected by substance use. Support is delivered from our two city centre premises at Queen Street and Palmerston Place as well as over the phone and online.

- Remembering those who struggle with their mental health and wellbeing, for whom Christmas can be the most challenging time of the year. May they know God's compassion.
- Remembering those for whom Christmas is a time of great loss because of, estrangement or grief. May they feel Christ's unconditional love.
- May God's comfort and peace be felt in the hearts of those who carry the weight of trauma.
- For the families in our service; may they find hope in the story of Christmas.
- Remembering with thanks the staff and volunteers who show great love, care and compassion to those who we are honoured to serve.



Gaberston House, Alloa

A residential service for adults with mental health issues, based in tranquil private grounds. Also provides outreach support in the community.

- For those who receive support; may they know peace and hope in their situations and challenges. May they experience God's loving kindness, grace and compassion.
- Thanks for positive community links with health and social care partners; may these be strengthened and fruitful.
- For staff; may they be blessed with strength and patience as they work with those facing daily challenges. May God help them to grow and develop.
- For those in Government reviewing the national social care model. May they act in accordance to your purpose.
- Thanks for provision of the service; may God's will direct future changes and new chapters at Gaberston.

Week 49 Prayer Diary 51

St. Margaret's House, Polmont

A 36 bed specialist care home for people living with dementia.

- For refreshing and joy at the start of a new year. May residents old and new feel a sense of community, belonging and well being.
- For God's presence to be felt by all who enter the home and may the residents feel God's peace throughout their days and nights. May families and loved ones continue to feel welcome and part of St. Margaret's.
- For the staff group; may they be blessed and grow personally and professionally. May people be attracted to caring passionately for people with dementia and share a loyalty to the home and to CrossReach.
- For sensitivity in supporting those who are coming to the end of their lives and their families during this difficult time.
- For spiritual and financial blessings on the home so that specialised care and continue to be given to those in need.

Erskine Waterfront Campus

A school for 36 children and young people aged 8 to 18 with Additional Support Needs. Provides a caring and compassionate environment for children to learn and grow.

- For the pupils; may they feel loved through the care shown to them and that they experience God's love which will sustain them in years to come.
- Remembering the parents of day pupils; may they feel supported by the school and access support from other agencies that will guide them through their children's journeys.
- For staff; may they find time to rest and recoup to be able to support the pupils. For the families of staff; that God would sustain and protect them and let them know how much they are valued.
- For God's blessing on everyone connected with Erskine Waterfront Campus; may they feel valued and loved and know the love of God in their lives
- Remembering Erskine town; may there be good community links and new local initiatives.

Week 51 Prayer Diary 53

The Dick Stewart Project, Glasgow

Justice services supported accommodation. The service offers support with independent living skills for long-term prisoners leaving prison.

- That the Lord is ever present in the service and that His love and compassion continues to shine through the work of the staff.
- For all those coming into the service; may they receive the support they need and may they move on to their own accommodation and an independent life.
- For the safety of those who use the service and their families; may they find assistance in all their areas of need.
- May God help the staff deliver the service with the same grace and compassion shown by Jesus Christ.
- For continued protection from viruses and illness; may God guide those involved in treatment and prevention.
- For the leadership team in CrossReach; may God give them wisdom as corporate decisions are made.









About us

At CrossReach we offer loving care to people of all ages who are in need of a helping hand, supporting them to live life to the full whatever their circumstances.

Our Mission Statement

In Christ's name we seek to support people to achieve the highest quality of life which they are capable of achieving at any given time.

CrossReach Central Services

Charis House 47 Milton Road East Edinburgh FH15 2SR

Tel: 0131 657 2000

email: bdd@crossreach.org.uk

www.crossreach.org.uk 😉 🚯

